



Scandinavian Capitals Discovery 2026 – Women Only

Friday, June 5 – Monday, June 15, 2026

Insight Travel - Small Group Tour

Join Fox Group Vacations as we embrace the spirit of the Scandinavian northern capitals on this 10-day Women-Only adventure. This women-only tour, which is led by women, explores the best of Scandinavia in a small group. Visit Helsinki's famed and fashionable food market, home to an abundance of aromatic stalls, serving up local delicacies like smoked reindeer and licorice. Experience the vibrant music scene of Stockholm from ABBA to present day cutting-edge production. In Oslo, meet multi-award-winning Norwegian athlete Isabelle Sandstedt Pedersen over dinner. In Denmark explore the enchanting Tivoli Gardens and absorb the opulence of Christiansborg Palace—the historic seat of Danish power. Then relax over a private cruise along the waterways of Copenhagen as your captain shares her insights into the city. Traveling in a small group, with a maximum of 24, is the perfect way to explore these vibrant Scandinavian cities and beautiful countryside.

Package Inclusions:

- Round-trip air from Chicago O'Hare to Helsinki, Finland, return from Copenhagen, including current air taxes and fees (with our air-inclusive package)
- Round-trip airport/hotel transfers (when purchasing our air-tour package)
- 9 nights hotel accommodations: 2 nights Helsinki, 1 night cruise ship, 2 nights Stockholm, 2 nights Oslo, 2 nights Copenhagen.
- Daily breakfast and 6 dinners
- Luxury air-conditioned motorcoach with extended leg room and on-board restroom for transportation and sightseeing
- Escorted by a professional, local Tour Director
- Headset for guided sightseeing visits and walking tours
- Pre-paid gratuities for local Tour Director, Driver, and Local Experts
- Professional tour manager from Fox World Travel *See terms*
- Customized, informative travel documents containing trip details and helpful packing and planning information

Signature Tour Experiences Include:

- Fox Inclusion: Enjoy dinner "Swedish Style." Savor a succulent three-course meal with beer, wine & soft drinks as you soak up the atmosphere of the traditional surroundings while enjoying its history.
- Board a cruise ship for an overnight Baltic cruise from Helsinki to Stockholm. Take in the stunning scenery.
- Join a MAKE TRAVEL MATTER® Experience at our hand-picked restaurant and enjoy a delicious dinner of sustainable ingredients.



Air & Tour Package Pricing: *Based on Double Occupancy*

- \$9,380

Tour Only Pricing: *Based on Double Occupancy*

- \$7,530

Single Supplement: Single occupancies are limited

- \$1,340

Initial Deposit: \$400 per person, non-refundable
Fox Professional Fee: \$50.00 per reservation will be charged at time of deposit, non-refundable
Final Payment: No later than March 5, 2026

Requirements: Valid US passport with a minimum validity of 6 months from date of return

Cancellation Penalties:

From date of deposit to March 5, 2026	Initial deposit of \$400.00 per person + Fox Professional Fee
March 6 – March 26, 2026	50% package price cancellation fee + applicable airline fees
March 27 April 15, 2026	75% package price cancellation fee + applicable airline fees
April 16 till day of departure	No refunds

Fox World Cancellation Fee of \$100.00 per reservation will apply in addition to any Fox Group Vacation or vendor cancellation penalties. Air is non-refundable once ticketed.

Available Discounts

Early Booking Discount: Book and deposit by June 30, 2025 and receive a \$300.00 discount per person

Insight Past Passenger Discount*: \$100.00 per person

**Must have traveled with Insight Vacations, Uniworld, Brendan Vacations, Trafalgar or Contiki within the last five years to qualify.
Discounts are subject to change at any time.*

Airline/Flight #*	Date	Cities	Depart	Arrive

Fox Professional Fee: Package price includes a \$50.00 non-refundable Professional Fee per reservation. Fee will be charged at the time of deposit and will show as an additional payment from Fox World Travel.

Not Included: Airline flights on land-only packages, airline luggage fees if applicable, gratuities for airport porters, specialty experiences, motorcoach drivers, or meals (other than those included in the package), optional excursions, travel insurance and any items of a personal nature.

Accessibility Terms: Client must inform us in advance, as early as possible, of any physical, medical or other special need that requires accommodating. We will make reasonable modifications to our policies, practices and procedures, when necessary, unless doing so will fundamentally alter the nature of the services. *Please understand that accessibility and accommodations in other countries may be limited.*

Vaccinations: All guests must ensure they are medically fit for travel. We strongly advise you consult with your physician for information on precautions or needed vaccinations.

Terms: Minimum number of travelers required for the tour to operate and send a Fox World Travel tour manager to accompany the group. In the event the minimum number is not reached, the tour may still include a professional, local guide in destination. Hotels, experiences, and daily itinerary are subject to change.

Group Air: A minimum of 10 passengers is needed for the group air. Flights are currently pending. The air-inclusive package includes air that has not yet been assigned, the identity of the carrier, which may include the carrier's code-share partner, will be assigned and disclosed at a later date. Price includes approximate air taxes and fees. Air package pricing is subject to change until contracted due to the volatility of airfare costs. Checked luggage fees may apply. Frequent Flier miles may not be available to group air travel. Fox World Travel has no control over flight or equipment changes, seat assignments, delays, or cancellations. Airline tickets will be non-refundable once issued. Changes will be subject to a fee plus any fare difference. Additional restrictions may apply. Pricing and flight options from other cities available upon request.

Luggage: Weight and luggage type may be limited depending on aircraft type. Hard sided suitcases are NOT permissible on this itinerary. Travelers will need a duffel or rolling duffel with at least 1 soft side of the suitcase.

Insurance: Your travel advisor can discuss options with you, including medical expense coverage, pre-existing medical condition exclusion waivers, trip cancellation, trip delay, lost, delayed, or damaged baggage and more. To cover pre-existing conditions, most policies must be purchased within 14 days of making your initial deposit. Travel protection insurance prices are based on your age and the trip cost.

DAILY ITINERARY



Day 1: Friday, June 5 – Your Journey Begins

An exciting journey begins as you board your overnight flight to Helsinki, Finland.

Day 2: Saturday, June 6 – Welcome to Helsinki

Welcome to Helsinki. Take your transfer to the hotel. Then head out to explore the city before joining your fellow traveling companions for a wonderful dinner at a local restaurant and time to hear about the exciting plans awaiting you during your Scandinavian Capitals tour.

Meals: Welcome Dinner with wine

Hotel: Klaus K Hotel Helsinki

Day 3: Sunday, June 7 – Day at Leisure in Helsinki

Helsinki is yours to stroll leisurely through Finland's quaint capital or take an optional excursion to cruise across the Baltic Sea to Estonia where you will visit Tallinn, its fairytale capital city. Take in the panoramic views from Toompea Hill before visiting the market square with its old German weighing house, pharmacy and Town Hall. Enjoy time at leisure this afternoon to browse Tallinn's shops, famous for fine amber and silver jewelry before returning to Helsinki.

Meals: Breakfast

Hotel: Klaus K Hotel Helsinki

Day 4: Monday, June 8 – Helsinki and Baltic Cruise to Stockholm

Explore Helsinki, the trendsetting city of top fashion and design, alongside a Local Expert. Wander through the aromatic stalls of a traditional food market and consider sampling local produce like liquorice or smoked reindeer. This afternoon, board your cruise ship for the overnight voyage to Sweden. Take in the breathtakingly beautiful scenery from the comfort of your A-Class, sea view cabin while the northern sun hangs over the horizon as you enjoy dinner on board.

Meals: Breakfast, Dinner

Hotel: Baltic Cruise Ship

Day 5: Tuesday, June 9 – Stockholm, City of Islands

Disembark your Baltic cruise and explore Stockholm with a Local Expert, visit the imposing City Hall with its impressive Gyllene salen, the Golden Hall, covered with 18 million gilded mosaic tiles and the Blå hallen, the Blue Hall, the venue for the Nobel Prize banquets. Cross the harbor to Gamla Stan, the medieval heart of the city, to see the cathedral and the Royal Palace.

Meals: Breakfast, Dinner with Wine

Hotel: Clarion Sign Hotel

Day 6: Wednesday, June 10 – Stockholm

Stockholm, beautifully situated on 14 islands. Curate your day with Insight Choice. Dive into the exciting world of the Swedish music scene at ABBA The Museum & Avicii Experience where you can experience the Swedish pop group which became a world sensation and produce your own music during your visit. Or relax and let stress melt away in a Swedish sauna and pamper yourself enjoying the Roman-style ways with warm and cold water and swim in a pool while admiring the surroundings of the Art Deco building. In the evening, dine "Swedish Style." Savor a succulent three-course meal with beer, wine & soft drinks as you soak up the atmosphere of the traditional surroundings while enjoying its history.

Meals: Breakfast, Dinner with Wine

Hotel: Clarion Sign Hotel

Day 7: Thursday, June 11 – Stockholm to Oslo

Journey past Lake Vänern, the largest lake in Sweden and enjoy a scenic drive through Norway's lush forest landscapes to Oslo, Norway's fascinating capital.

Meals: Breakfast, Dinner

Hotel: Radisson Blu Scandinavia Hotel

Day 8: Friday, June 12 – Cosmopolitan Oslo

Sightseeing with a Local Expert includes views of Akershus Castle and the Royal Palace. Walk around the Opera House and marvel at the striking contemporary architecture of the new Bjorvika district. Wander through Frogner Park, with its intriguing sculptures by Gustav Vigeland. The afternoon is at your leisure to continue exploring as you wish. Perhaps join an Optional Experience to the most modern ski jump in the world? Maybe explore City Hall where the Nobel Peace Prize Ceremony is held or walk upon the famous architecture of Oslo Opera House.

Meals: Breakfast

Hotel: Radisson Blu Scandinavia Hotel

Day 9: Saturday, June 13 – Norway to Denmark

Journey south through the Nordic countries from Oslo to Denmark taking in the lush scenery along the route. Pass the city of Gothenburg to board the ferry for a short cruise to Denmark. Enjoy a view of Kronborg Castle, reputedly the Elsinore home of Hamlet as you enter the Kingdom of Denmark and onwards to Copenhagen.

Meals: Breakfast

Hotel: TBD

Day 10: Sunday, June 14 – Wonderful Copenhagen

With a Local Expert, begin your sightseeing at Christiansborg Palace, seat of the Danish Government, to marvel at the opulent interior. Journey past Copenhagen Cathedral and the university to see Rosenborg Castle, the Renaissance Stock Exchange and Amalienborg Palace, home of the royal family. Visit the waterfront to admire Hans Christian Andersen's Little Mermaid gazing across the harbor. Before dinner, indulge in a private boat tour with a captain who shares their perspective of Copenhagen. Join a MAKE TRAVEL MATTER® Experience at our hand-picked restaurant and enjoy a delicious dinner of sustainable ingredients, as you toast to the end of your Scandinavian adventure (subject to availability).

Meals: Breakfast, Dinner

Hotel: TBD

Day 11: Monday, June 15 – Farewell to Copenhagen

Time to say goodbye to your new friends as your journey through the Nordic countries comes to an end. Take your transfer to the airport.

Meals: Breakfast

Hotels, activities, and daily itinerary are subject to change.

